



## **Professional Development Day for GU, TS, UB, UBMS, & VUB**

**Date:** Friday, April 13

**Place:** University of New Hampshire (Durham Campus) Elliott Alumni Center

Directions to campus: <https://admissions.unh.edu/directions-admissions-office> **Do not park in Admissions parking lot, follow campus map to Elliott Alumni Center (D) and its parking lot**

Campus map with Parking and Elliott Alumni Center

<https://www.unh.edu/transportation/sites/www.unh.edu.transportation/files/media/PDFs/Parking/map.pdf>,

**There is a \$10 Parking Fee, cash only, to be collected at registration table where passes will be distributed**

**Time:** 8:30 a.m. - 5:00 p.m.

**Topic: Youth Mental Health First Aid training** conducted by Sweetser Training Institute;

<https://www.sweetser.org/>

A little info on Sweetser:

- they have in-school counselors and therapists that are not part of the school system, but have offices in some of the schools USM TRIO programs work in and have a student case-load
- USM Upward Bound office has attended trainings by them in the past and they send their summer program students to them for a day of "team building"
- they are well-known in the Southern Maine area

**Caveat for training from Sweetser:** "...training can get kind of "heavy" at times...attendees should know that this course leads up to a serious discussion about suicide and being able to ask someone if they are currently suicidal. The instructors want to ensure the audience is aware of the heavy nature of the training because there is the potential to activate a prior history or recent event..."

**Training is free to current NEOA members and \$65 for non-members. An NEOA membership fee is \$55, if you choose to become a member.**

**Pre-registration is required. To reserve your space, please register through the NEOA website by April 1.**

### **Agenda**

8:30-9:00: Arrive, check-in, register, coffee

9:00-12:30: Training

12:30-1:15: Lunch in cafeteria covered by NEOA

1:15-5:00: Training